**Actions that any individual can take to make an impact**

1. **Vote**

* Pay attention to and engage in local, state, and federal elections
* Take time to identify the candidates who will enact reform
* Lend your candidate(s) of choice your voice, time, and other resources as you are able
* Engage at the polls on election day

1. **Demand justice**

* Call your local representatives to advocate for legislative policy that fights intolerance and reforms existing laws to offer greater protection of Black people in your community
* Sign the [Color of Change Petition](https://act.colorofchange.org/sign/justiceforfloyd_george_floyd_minneapolis), [Justice for George Floyd Petition](https://www.change.org/p/mayor-jacob-frey-justice-for-george-floyd?recruiter=1096617288&utm_source=share_petition&utm_medium=twitter&utm_campaign=psf_combo_share_initial&utm_term=psf_combo_share_abi&recruited_by_id=2943f820-a174-11ea-b563-a538d17ee3bd), [Justice for Ahmaud Arbery](https://www.change.org/p/district-attorney-tom-durden-justice-for-ahmaud-arbery-i-run-with-maud?source_location=discover_feed) Petition, [Justice for Breonna Taylor](https://www.change.org/p/andy-beshear-justice-for-breonna-taylor?source_location=discover_feed) Petition

1. **Get comfortable** with being uncomfortable
2. **Educate yourself and others.** It is not the Black community’s role to shoulder the burden of educating you. Share what you learn with your friends, family, and colleagues
3. **Combat microaggressions.** Learn to recognize and eliminate subtle acts of bias by acknowledging them in yourself and calling out these acts in others (i.e. lowering the bar for people of color, being color blind, myth of meritocracy, etc.)
4. **Listen.** You may not fully understand how Black people in the country are feeling but you can listen and practice empathy
5. **Speak out.** If hateful rhetoric, racism, or discrimination arise, say something
6. **Own your mistakes.** We won't always get it right and it's important to acknowledge that. Correct yourself, apologize, and seek to rectify if necessary
7. **Make a financial contribution.** Donate to support organizations and funds that are advancing racial justice
8. **Support Black businesses.** Find them on [WeBuyBlack](https://webuyblack.com/), [The Black Wallet](http://theblackwallet.com/), and [Official Black Wall Street](https://officialblackwallstreet.com/directory/)

**Resources**

* **Articles**
* [We Must Confront Inconsistent Laws That Allow Black Lives to be Taken with Impunity](https://www.washingtonpost.com/opinions/2020/05/11/even-if-we-bring-justice-ahmaud-arbery-work-will-remain/)
* [75 Things White People Can Do for Racial Justice](https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234)
* [Maintaining Professionalism in the Age of Black Death is A Lot](https://medium.com/@shenequagolding/maintaining-professionalism-in-the-age-of-black-death-is-a-lot-5eaec5e17585)
* [How to Talk to Kids about Race and Racism](https://www.parenttoolkit.com/social-and-emotional-development/advice/social-awareness/how-to-talk-to-kids-about-race-and-racism)
* **TedTalks**
* Color blind or color brave
* The Danger of a Single Story
* **Podcasts**
* 1619 - The New York Times
* Code Switch - NPR
* Intersectionality Matters! - Kimberle Crenshaw
* On One - Angela Rye
* **Movies/Documentaries**
* 13th - Ava Duvernay
* When They See Us - Ava Duvernay
* Selma - Ava Duvernay
* Fruitvale Station - Ryan Coogler
* I am not your Negro - James Baldwin
* Just Mercy - Destin Daniel Cretton
* **Books**
* *The New Jim Crow: Mass Incarceration in the Age of Colorblindness* by Michelle Alexander
* *Between the World and Me* by Ta-Nehisi Coates
* *White Fragility* Robin DiAngelo

# *So You Want to Talk About Race* by Ijeoma Oluo

# *White Rage: The Unspoken Truth of Our Racial Divide* by Carol Anderson

# *How to Be an Antiracist* by Dr. Ibram X Kendi

# *Eloquent Rage* by Brittney Cooper

# *Sister Outsider* by Audre Lorde

# *Why are all the Black Kids Sitting Together in the Cafeteria* by Beverly Tatum